

My Care Record allows health and care professionals working directly with you to access your medical and social care information. This is to improve the care you receive.

Patient information and care records are usually made available through traditional methods such as secure post, fax or email. This can be slow and, at times, unreliable, and possibly prolong diagnosis and treatment.

My Care Record is accessed via secure but different health and care computer systems from different partner organisations. The information is requested from the original system and relayed to the health or care professional treating you.

By making your information available across the health and care system the direct care team including your GP practice, hospital team or community nurse will be able to see the most up-to-date, accurate information about you.

For example, if you were receiving care at one of the hospitals involved, the doctor treating you would be able to see your GP record on their own computer.

This will lead to:

- Better co-ordinated and seamless care
- Quicker diagnosis and treatment
- More time to spend on clinical care
- Less paperwork and less repetition
- Fewer unnecessary clinical tests
- More accurate prescriptions
- Safe and secure decision-making

My Care Record will only be used by professionals involved in your care. Full details on how *My Care Record* manage your information is available on their website:

www.mycarerecord.org.uk as well as more information about where *My Care Record* is in operation, the organisations taking part and answers to frequently asked questions.